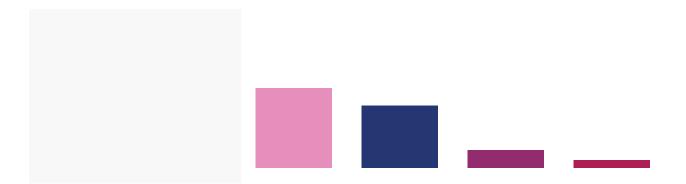
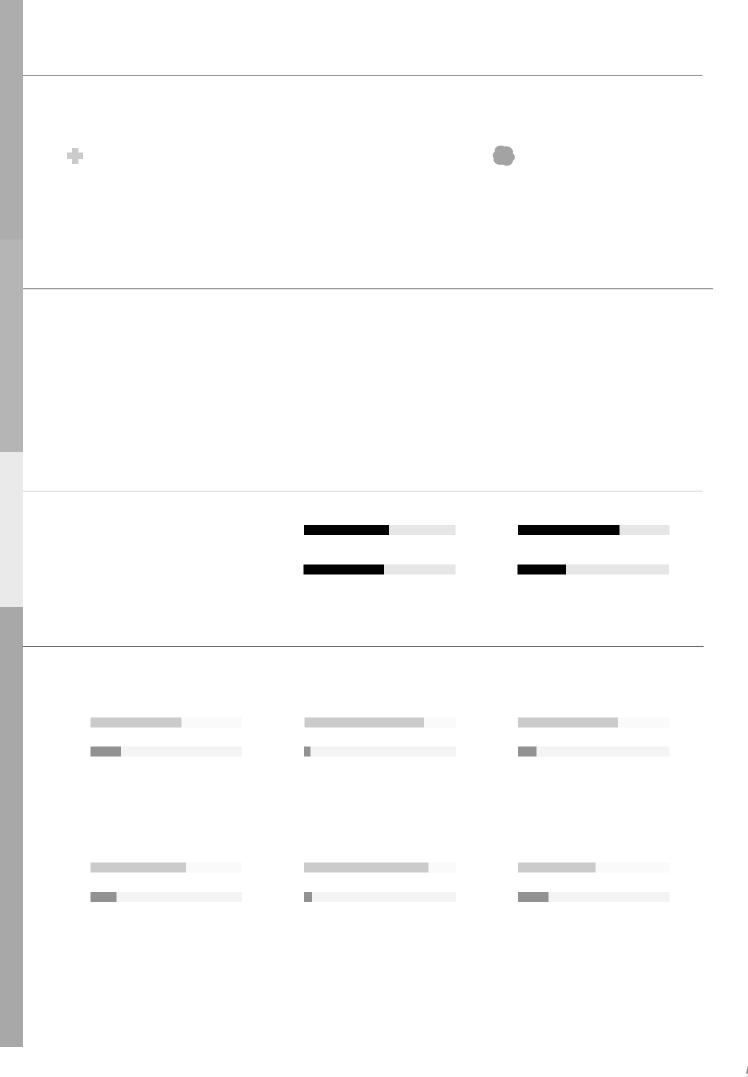
SU3







### Walking and wheeling participation, safety and satisfaction

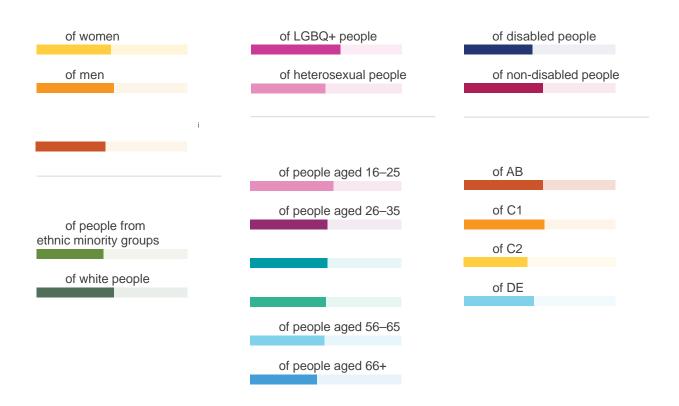
Almost all people walk or wheel, however we often WDNHDONLQJIRUJUDQWHG:DONLQJDQGKHHOLQJDUH of all residents walk RIWHQRYHUORRNHGLQWUDQVSRUWSROLFDQGLQYHVWPHQW

7KHSDQGHPLFKDVKHOSHGWRUDLVHWKHSURAHRIDONLQJDQG

KHHOLQJMLQJWKHSDQGHPLFJHWWLQJRWIRUDDONKHOSHG of residents walk at many people improve their mental health, maintain physical OHDVWAHGDVDEHN

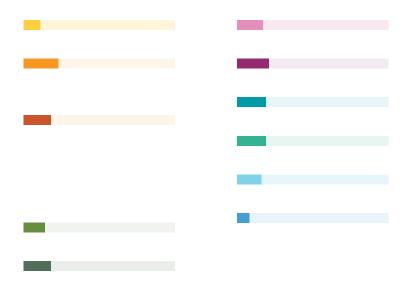
DFWLYLWPHHWIULHQGVDQGHQMRWKHLUORFDOQHLJKERMKRRG

#### 3URSRUWLRQ RI UHVLGHQWV ZKR ZDON RU ZKHHO DW OHDVW ÀYH G

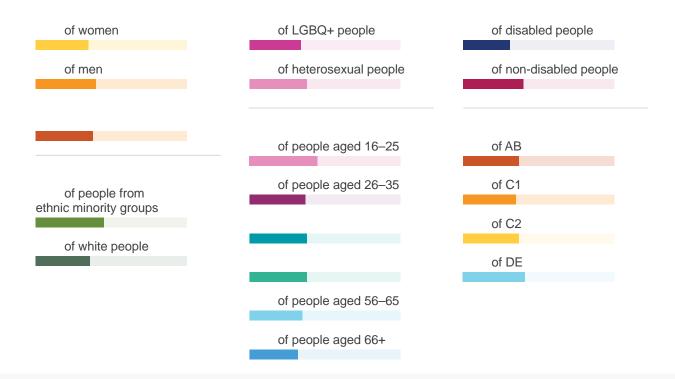


 $L7KHVDPSOHVL\\ HIRUUHVSRQGHQWV\\ \&RIGHQWL\\ HGWKHLUJHQGHU\\ QDQRWKHU\\ DLV RIWKHWRWDOVDPSOH7KLVLQFO\\ \&HVSHRSOH\\ \&RDUHWUDQVQRQELQDUDQGLQWHUVH[$ 

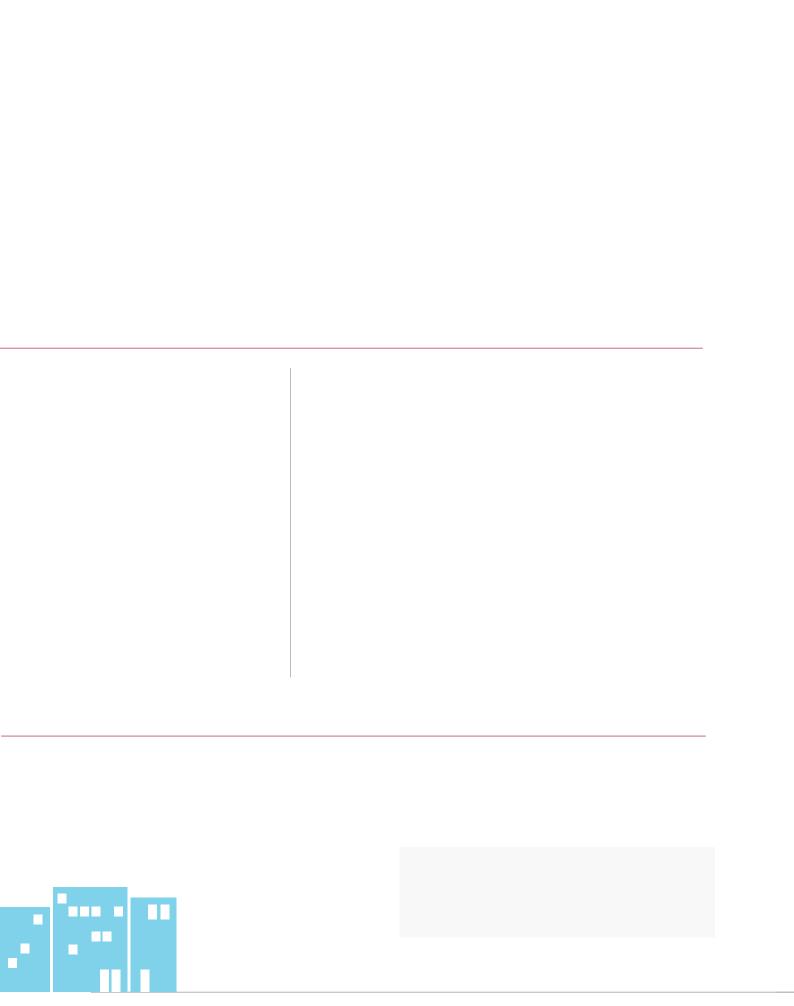


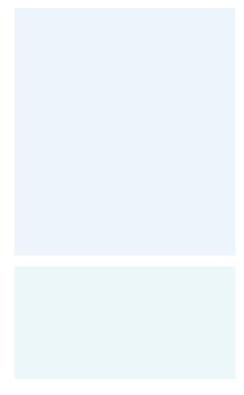


of all residents think the level of safety for cycling in their local area is good of all residents think the level of safety for children cycling is good of all residents think their local area overall is a good place to cycle



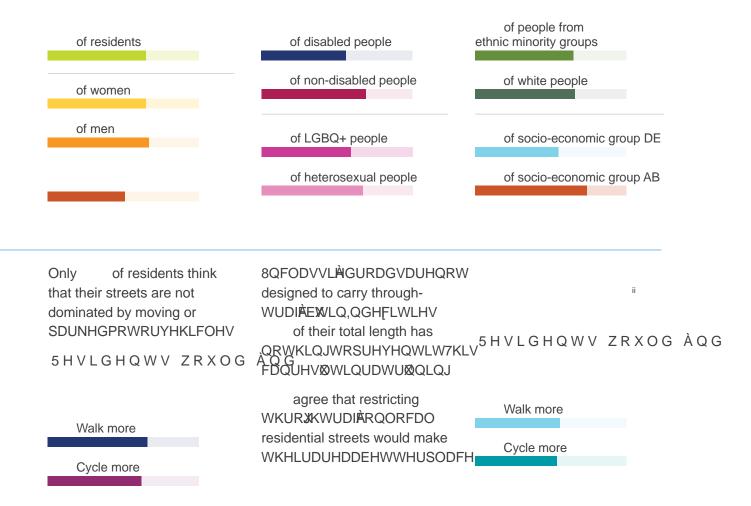
6677





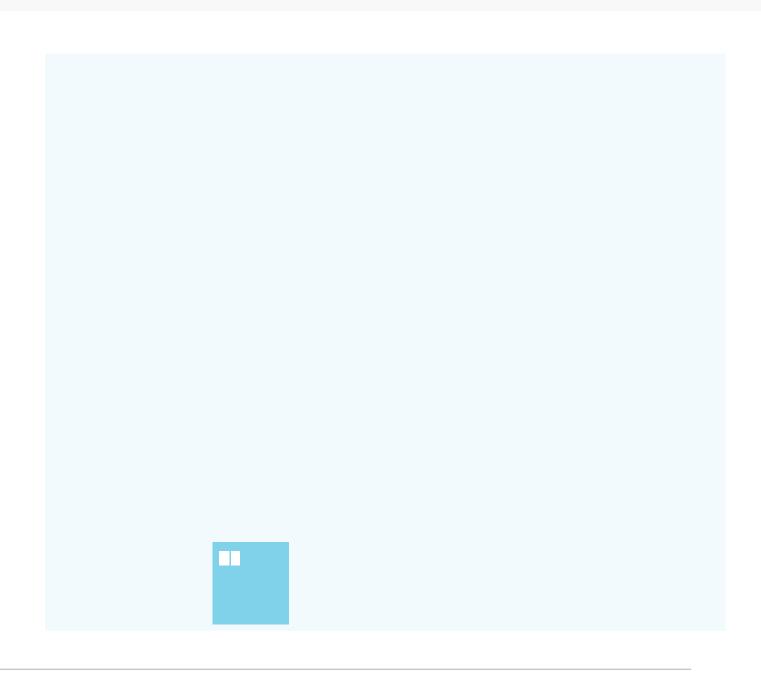


### What would help make neighbourhoods better?



agree increasing space for people socialising, walking and cycling on their local high street would improve their local area agree they regularly chat to their neighbours, more than just to say hello

neighbourhoods



## Shifts in behaviour and attitudes across 12 cities

7KRYSDOKDÓWKÐÓWYODÓW OBORDOURÓWKWUDÓRUWKRÐIDNH

This section compares Bike Life data from 2019<sup>i</sup> with :DONLQJDQG**K**OLQJ,QGH**G**DWDIURP3OHDVH note only 12 of our cities have directly comparable

GDWDDQGDUHLQFO&HGLQWKLVDJJUHJDWHGDWD



# Better streets and places for everyone

\$\mathcal{B}\mathcal{B



My husband drives our car to work every day so I mainly walk with PWRFKLOGUHQWRJHWDUR\(\text{QG:DONLQJDUR\(\text{QG3HUWK5RDGFDQEH})}\) GLI\(\text{A}\(\text{DWEWKWRR\(\text{QJFKLOGUHQ0WRHDUROGKDVPDQDJHGWR})}\) U\(\text{QRQWRWKHURDGEHIRUHVR,GRQWWKLQNLWVYHUVDIHWR\(\text{DONDORQJ})}\)

7KHIRRWSDWKLVYHUQDUURZRWKHUHLVQWHQRXKVSDFH between us and the road, especially when I walk along with a EXJ,WIHHOVWRRFORVHWRWKHWUDIÄ%HFDXHRIWKDWWRKHDGWR WKHFLWFHQWUH,SUHIHUPDNLQJDGHWRMDQGDONDORQJWKHULYHU 7KHSDWKVDUHEURDGHUDQG,IHHOVDIHUEHLQJDDIURPFDUV

I think one of the solutions to improve walking on Perth Road would be to widen the pavement and reduce car speed and

USBGmD \*EFBMMZ UIF SPBE DPVME FWFO CF QFE



Since lockdown I got out my bike and started to walk DQGFFOHPRUH, DONWRVKRSVDQG, FFOHORQJHU GLVWDQFHVWRVHHIULHQGVRUYLVLWPPR

,WVJRRGLISHRSOHVHHPHÐQROGHUODGRQDELNH ,WPLJKWKHOSWKHPWKLQNWKHFDQGRWKLVWRR

During the pandemic we had the temporary Sunrise cycleway on the seafront where I could just really relax and enjoy riding to Tynemouth. I got anxiety relief from Covid and from the stress of looking after my mum. It was exercise, and I would bump into people as I went along. It really was a life-saver.

1RZKDYWRURWKBDYFRWRUWKURDE
MUDDOUDWUWWMWOMDURWRW
WKDDKBUW,GNWRFFRPRUBOORDWRRIURDSDFI
WRSHWUDDOORDWUDIMRWKRRWWKFRPRW
WRWEDRPRUDDORORWBNEWOM
RRWEDONDOWRWKDROKRSWKEN